

## Identification of putative metabolic biomarker underlying cooked rice elongation

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### Abstract

Rice (*Oryza sativa* L.) is a staple food for over half of the world's population. However, rice grain quality is one of the major problems facing rice breeders across the world. Cooked rice elongation, cooked rice expansion, and water absorption have been identified as some of the parameters used in gauging rice grain quality. Biomarkers such as proteins or metabolites can be used to differentiate among a pattern of variations among various samples (e.g., various locations within a plant, various germplasm accessions); consequently, they present a type of internal validation for a given biological state. In the present study, we investigated the putative metabolite biomarkers associated with the variation of cooked rice elongation for Hua Jing Xian 74 (receptor), Basmati 370 (donor), and five hybrid lines resulting from a cross of these parent lines. We also investigated their cooked rice expansion and water absorption properties. After carrying out cooked rice elongation studies, metabolomics studies, correlation analyses, V-plot analyses, and thorough searches in public metabolite databases (Metlin, Massbank and KEGG), and in-house secondary metabolite database, we identified a metabolite with molecular weight of 280.25 and retention time of 6.4 min as a putative biomarker associated with cooked rice elongation in the varieties investigated. We also discovered that changes in cooked rice elongation and changes in cooked rice expansion follow a similar pattern; however, it appears that cooked rice elongation and cooked rice expansion do not affect water absorption in these rice lines. Our findings may facilitate the improvement of the cooked rice elongation of hybrids resulting from the crosses of Basmati 370 and Hua Jing Xian 74. Our results also offer interesting insight into cooked rice elongation, cooked rice expansion, and water absorption.

**Keywords:** Cooked rice elongation, cooked rice expansion, water absorption, biomarker, Basmati 370, Hua Jing Xian 74, rice grain quality.

**Abbreviations:** B-385\_Basmati 385; HJX-74\_ Hua Jing Xian 74; UPLC-Q-TOF/MS\_Ultra high performance liquid chromatography coupled to quadrupole time of flight mass spectrometry.

### Introduction

Rice (*Oryza sativa* L.) is the staple food for over half of the world's population (Hu et al., 2004), and the only cereal crop that is consumed almost exclusively by human (Khush, 1997). Thousands of rice varieties have been produced through the process of the plant breeding. But there are large genetic diversities displayed among these varieties (Huang et al., 2012). These can help explain why rice is so flexible in contributing to human nutrition in many diverse locations and among consumers with varying tastes. Rice grain quality remains an important concern for rice breeders, producers, and consumers (Bagchi et al., 2015; Fan et al., 2005; Koutroubas et al., 2004). Improvement of rice grain quality is an aim of most rice breeders, as it affects the commercial value of the crop (Koutroubas et al., 2004). Cooked rice elongation, cooked rice expansion, and water absorption were identified by Tian et al., (2005) as some of the parameters used in determining rice grain quality. Many rice consumers are known to have a preference for rice grains with extensive elongation after cooking. Genetic analyses of rice grain length and width have shown that grain shape is quantitatively inherited (Chen et al., 1998). Rice grain shape

has been described to be simultaneously controlled by triploid endosperm genes, cytoplasmic genes, embryo and maternal plant genes (Shi and Zhu, 1996; Shi et al., 2000). Studies by Kharabian-Masouleh et al., 2012 and Tan et al., 1999 reported that rice starch is controlled in the waxy gene region. Tian et al., 2005 reported that cooked rice elongation is also likely controlled in the waxy gene region. However, to the best of our knowledge, there have been no reports to date on any metabolic biomarkers associated with cooked rice elongation. A biomarker is a quantifiable or assessable indicator of any biological state or condition. The ability of biomarkers to faithfully represent the pattern of variation among the tissues sampled at various locations within the plant and at different plant ages provides a type of internal validation (Tarpley et al., 2005). Certain amino acids or combinations of them have been proposed as biomarkers metabolites of several metabolic processes in plants (Foyer et al., 2003). The aim of this study was to: (i) identify the putative metabolic biomarker associated with cooked rice elongation, (ii) to investigate cooked rice expansion and water absorption.

## Results and Discussion

### Cooked rice elongation

The cooked rice elongation result in Fig 1 shows that the length of Basmati 370 increased by an average of 102%, followed by the lengths of 198 and 199 that increased by an average of 94% and 91% respectively. On the other hand, the lengths of 197 and 226 increased by an average of 84% and 79% respectively. Hua Jing Xian 74 and 220 recorded shorter increases in length with an average of 69% and 68% respectively. Rice consumers are known to prefer grains with extensive increase in length after cooking (Tian et al., 2005).

### Metabolomics and statistical analyses

A total of 7,589 ion features were identified after carrying out metabolomics data analysis according to Smith et al. (2006). 2, 484 of these ion features were statistically significant at  $p$  value  $< 0.05$ . The concatenated metabolomics data were used to perform principal component analysis (PCA) and the result is shown in Fig 2. The PCA shows there were differences in the seed metabolomes of the samples. PC1 and PC2 can account for 21.8% and 12% of the observed variation, respectively.

Pearson correlation analysis was carried out using the elongation data and metabolomics data to determine metabolites that correlated with elongation. Afterwards pairwise V-plot analyses were performed on the lines to extract discriminating metabolites.

Collectively, these analyses identified a putative metabolite with a molecular weight of 280.25 and retention time of 6.4 min as a candidate metabolic biomarker associated with cooked rice elongation among the analysed samples. Fig 3 shows the peak area comparisons of the metabolites among all the lines. The linear regression model in Fig 4, with  $R^2 = 0.67$ , shows that cooked rice elongation decreased linearly along with decreasing abundance of the metabolics biomarker. Several reports (Shi and Zhu, 1996; Shi et al., 2000; Tian et al., 2005), have speculated about certain genes that control cooked rice elongation, but this is to our knowledge the first report on any metabolic biomarker associated with cooked rice elongation.

### Cooked rice expansion

Cooked rice expansion is another parameter used to measure rice grain quality (Tian et al., 2005). The result of cooked rice expansion in Fig 5 shows that Basmati 370 expanded by an average of 105%, followed by 198 and 199 which expanded by an average of 91% and 89% respectively; 197 and 226 expanded by an average of 85% and 81% respectively. Hua Jing Xian 74 and 220 both expanded by an average of 74% after cooking. We also found out that the expansion percentage and the elongation percentage of the rice varieties investigated in this study followed a similar trend.

### Water absorption percentage

Fig 6 shows that the weight of Basmati 370 increased by an average of 291% after water absorption. While the weight of Hua Jing Xian 74 increased by an average of 201% after water absorption. The weights of 197, 198, and 226 had similar increases of 225%, 220%, and 225%, respectively, after water absorption. The weights of 199 and 220 increased by an average of 207% and 213%, respectively, after water absorption. The water absorption percentage results of the

rice varieties were inconsistent with the trend seen in cooked rice elongation and cooked rice expansion. The reason for the inconsistency may relate to their starch granule morphology, which has been widely reported (Singh et al., 2003; Lisle et al., 2000) to affect water absorption.

## Materials and Methods

### Rice grains

The five hybrid lines (see Table 1) we used in this study were crossed from Basmati 370 (donor) and Hua Jing Xian 74 (receptor). We received all rice grains from Prof. Guiquan Zhang of South China Agricultural University. Basmati 370 was chosen to be crossed with a local rice cultivar Hua Jing Xian 74, because of the uniquely long grains, soft and fluffy texture, and pleasant aroma during and after cooking. Basmati 370 is an *indica* rice variety (Mumm et al., 2016); Hua Jing Xian 74 is also an *indica* variety (Xi et al., 2006). All rice grains were cultivated in Hainan, China in November, 2013 and were harvested and stored under the same condition in April, 2014.

**Table 1.** List of five hybrids lines from a cross of Hua Jing Xian 74 (receptor) and Basmati 370 (donor).

Pedigree code	Metaphor code
lxx7-2-124-12-3	197
Lxx8-3-31-2-5-6	198
LXX8-3-31-2-5-7	199
Q64	220
S38	226

### Dehusking, milling and pulverizing

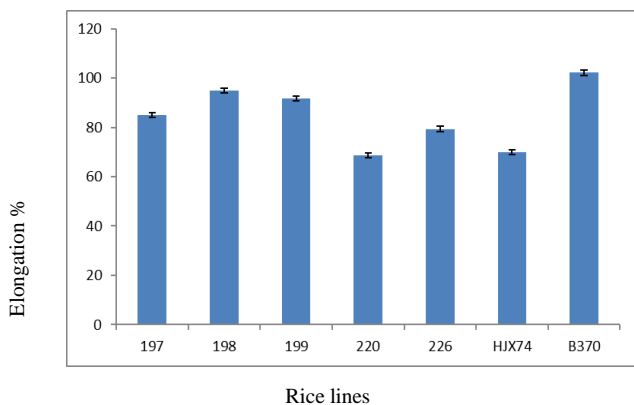
Whole and mature grains were dehusked using Jing Ao Liang Yong Qi Cai Chang JLGJ-45 de-husker machine. Rice grains that got broken during the process were discarded, as were immature grains. Whole and mature dehusked rice grains were milled with a Taizhou Jing Ao LTJM-2008 milling machine for 3 min. The objective of milling was to remove rice bran, which consists of the aleurone and pericarp tissues. Milled rice grains were pulverized with a Retsch Mixer Mill MM 400. The frequency was set at 30/sec and the grains were milled for 50 sec. Note that the mixer mill was extremely efficient for these samples; the samples remained cool after pulverizing.

### Cooked rice elongation

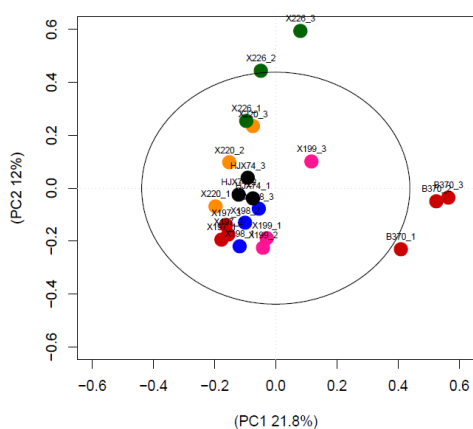
Cooked rice elongation was here represented as the difference between the length of grains measured before and after cooking. In this kind of investigation, precision is very crucial; therefore a Microtek ScanMaker i56 scanner was used to make all of the length measurements.

### Raw rice and cooked rice measurement

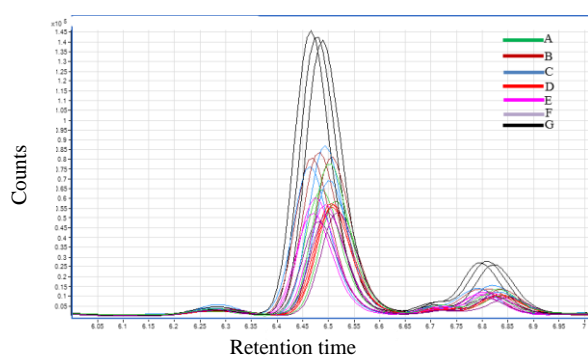
For each line, 60 grains of milled rice were measured. 20 raw grains were measured at a time in ScanMaker i56. Each grain was then transferred to a PCR plate containing 155 $\mu$ l of distilled water. The grains were allowed to soak for 30 min. The PCR plate containing the rice grains was then placed in a PCR thermocycler and the rice grains were individually cooked for 20 min at 98°C and then for 5 min at 20°C. The cooked rice grains were then removed from the PCR plate and placed on a filter paper. After drying for 5 min at room temperature, they were transferred to a petri dish to be re-



**Fig 1.** Cooked rice elongation of Hua Jing Xian 74, Basmati 370, and five hybrid lines resulting from a cross of these parents. The codes: 197, 198, 199, 220, and 226 were explained in Table 1.



**Fig 2.** PCA result of the concatenated metabolomic data from different samples used in this study. A score plot of the concatenated data showing PC1 versus PC2 explaining 21.8% and 12% variation respectively. Different coloured symbol represents different group. The codes: 197, 198, 199, 220, and 226 were explained in Table 1, while HJX 74 and B 370 were explained in abbreviations.



**Fig 3.** Metabolic biomarker abundance of the rice lines. Each line has three replicates. Different coloured symbol and letter represent different lines: A is 197; B is 198; C is 199; D is 220; E is 226; F is HJX-74; G is B-370. The metabolic abundance decreased proportionately with cooked rice elongation. B-370 with the greatest extent of cooked rice elongation, also had the largest metabolic abundance. The codes: 197, 198, 199, 220, and 226 were explained in Table 1, while HJX 74 and B 370 were explained in abbreviations.

measured with the scanner. As with the raw grains, 20 cooked grains were re-measured simultaneously; this helped to control the variability of water content that could have resulted from unequal resting times between measurements. These experiments used 20 grains per cultivar per each of three replicates.

### Cooked rice elongation

In order to determine the elongation percentage of the cooked rice for each variety, the mean value of each replicate (before and after cooking) was determined. The following formula was used to determine the elongation percentage:

$$\% E = \frac{ACML - BCML}{BCML} \times 100$$

where %E is elongation percentage; ACML is the mean length after cooking and BCML is the mean length before cooking.

### Metabolomics analysis

#### UPLC-Q-TOF MS analysis

For each cultivar, three 100 mg samples of pulverized rice were prepared with 1,000  $\mu$ l of 75% methanol containing umbelliferone as an internal standard. Samples were shaken in a TNZ-C Shaker for 2 hr at 37°C and 160 R/min. The samples were then centrifuged for 10 min at 12,000 rpm. They were carefully and gently removed from the centrifuge, and 700  $\mu$ l of the sample supernatants were transferred into 1.5 mL glass vials with glass inserts. Blank samples consisted of 700  $\mu$ l of 75% methanol.

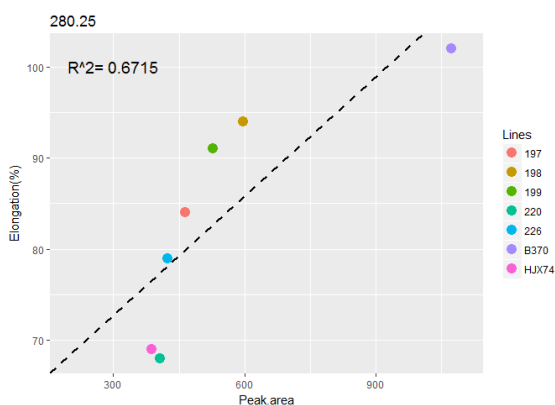
UPLC analysis was performed with an Agilent 1290 Infinity UHPLC system consisting of a binary pump, an auto-sampler, and a thermostat column compartment. The chromatography was performed using a ZORBAX RRHD SB-C18 column from Agilent Technologies (2.1x100 mm, 1.8  $\mu$ m). The mobile phases were as follows; H<sub>2</sub>O+0.1%FA (A Phase) and Acetonitrile+0.1%FA (B Phase). The flow rate was 0.35 mL/min. The column was maintained at 40°C. Mass spectrometry was performed using an Agilent 6540 Q-TOF instrument equipped with an electrospray ionization (ESI) source operating in positive ion mode. The nebulization gas was set at 40 psi. The drying gas was set to 11 L/min at 325°C and the sheath gas was set at 11 L/min at 325°C. The capillary voltage was at 3500 V.

In this study, an XCMS analysis approach was used for feature detection and calculation of chromatographic peak areas. Data analysis was performed according to Smith et al. (2006).

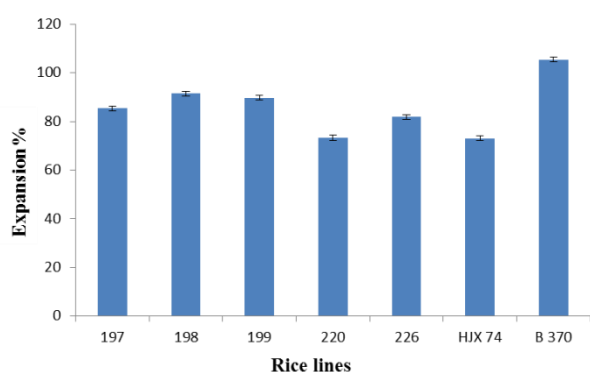
### Cooked rice expansion

Cooked rice expansion was here represented as the difference in cooked rice grain perimeter and raw rice grain perimeter. Perimeter was used to calculate cooked rice expansion because in geometry, area is the 2-dimensional space or region occupied by a closed figure, while perimeter is the distance around a closed figure, that is, the length of the boundary. Therefore, perimeter was thought to be more appropriate.

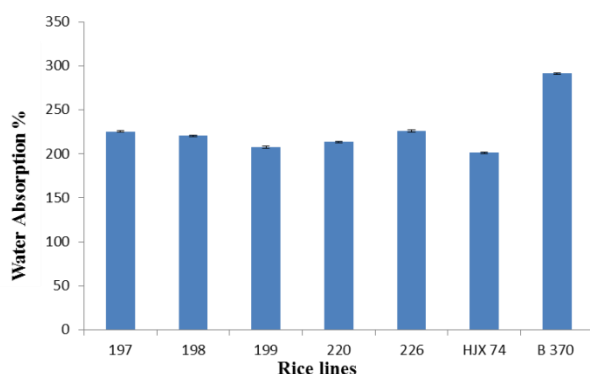
As with cooked rice elongation, Microtek ScanMaker i56 seed scanner was used to measure the perimeter of rice seeds. However, the experimental method was slightly different. The following procedures were used for the measurements: For each replicate, 20 grains of milled rice were selected for perimeter measurement per cultivar per each of the three



**Fig 4.** Linear regression model of the putative metabolic biomarker and cooked rice elongation. The linear model with  $R^2 = 0.67$  shows that cooked rice elongation decreased linearly along with decreasing abundance of metabolic biomarker. The coloured symbols represent different lines. The codes: 197, 198, 199, 220, and 226 were explained in Table 1, while HJX 74 and B 370 were explained in abbreviations.



**Fig 5.** Cooked rice expansion of Hua Jing Xian 74, Basmati 370, and five hybrid lines resulting from a cross of these parents. The codes: 197, 198, 199, 220, and 226 were explained in Table 1.



**Fig 6.** Water absorption of Hua Jing Xian 74, Basmati 370, and five hybrid lines resulting from a cross of these parents. The codes: 197, 198, 199, 220, and 226 were explained in Table 1.

replicates. 20 seeds were transferred in Eppendorf tube containing 1200  $\mu$ l of distilled water and then allowed to soak for 30mins. The soaked grains were cooked in a water bath for 22 min at 98°C. The cooked rice were then removed from the PCR plate and placed on a filter paper to dry for 5 min at room temperature. They were transferred to a petri dish to be re-measured in Microtek ScanMaker i56.

#### Cooked rice expansion percentage

In other to determine the cooked rice expansion percentage, the mean values of the three replicates before and after cooking were determined. The following formula was used:

$$\%EXP = \frac{ACMP-BCMP}{BCMP} \times 100$$

where %Exp is expansion percentage; BCMP is before cooking mean perimeter; and ACMP is after cooking mean perimeter.

#### Water absorption

Water absorption in the present study, refers to the difference in weight of rice grains before cooking and after cooking. The following procedures were used to determine water absorption of cooked rice: 20 milled rice grains were selected from each cultivar (and for each cultivar three replicates were used) and were weighed in weighing machine. After weighing, the grains were transferred to Eppendorf tube and soaked in 1,000  $\mu$ l distilled water for 30 min. They were cooked in a dry bath at 98°C for 22 min and then placed on a filter paper to dry for 4 min before being re-weighed.

#### Water absorption percentage

In other to determine the water absorption percentage the mean value of each replicate before and cooking were calculated. The following formula was used for water absorption percentage:

$$\%WA = \frac{ACMW-BCMW}{BCMW} \times 100$$

Where; %WA is water absorption percentage; BCMW is before cooking mean weight and ACMW is after cooking mean weight.

#### Statistics

Principle component analysis was performed with the princomp function of psych package in R 3.2.2 software (R Core Team, 2015). To assess statistical difference between the rice metabolomes, Student's t-tests were used with P value set of <0.05 as the criterion of significance.

#### Conclusion

In summary, given that rice consumers are typically thought to desire rice grains with extensive cooked rice elongation, the findings reported in this work will be helpful in improving the cooked rice elongation resulting from the cross of Basmati 370 and Hua Jing Xian 74. More studies should also be done to see if the role of the putative biomarker is applicable in other rice varieties. This study also shows that changes in cooked rice elongation and changes in cooked rice expansion follow a similar pattern, however, it seems that cooked rice elongation and cooked rice expansion did not affect water absorption of the rice varieties.

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